

Key Stage 2 – Years 3 and 4

Lesson focus: **Building confidence in personal skills. Exploring talking about what you are good at, what you enjoy doing. Aiming high**

Duration: **One hour**

Learning Objectives:

- To build children's self confidence
- To explore ways of talking about personal skills positively
- To explore different careers and what skills they need

Subject / Curriculum Links:

- **English:** speaking, listening, writing for information and sharing ideas.
- **PSHE:** identifying and practising skills for success.
- **IT:** research skills

Resources:

- Pictures of people at work
- Sticky notes or stickers
- Internet search



Introduce the session

Introduce children to a skills ladder. Put a job at the top - e.g. firefighter. Talk together about the skills that might be needed to do this job - make notes on the whiteboard as the children give you ideas.

What are the skills they have already? What skills do they have which can be developed in their school life? How do areas of the curriculum relate to these skills? How do their other personal skills relate - e.g. teamwork, sports activities, musical instrument lessons, hobbies etc

Activity 1: Children working in small groups.

Give them pictures of people doing different jobs, and a list of skills which they could need (these could be in the form of prepared stickers)

For example:

Jobs – Builder, doctor, dentist, librarian, shopkeeper, bank manager, lorry driver, actor, news reporter, politician, musician, teacher

Skills – reading and writing, speaking, number skills, teamwork, independent working, confidence, focus, IT skills, good at working with their hands, attention to detail, planning, physical fitness, persistence, goal setting

Children match the skills with the jobs, talking to each other about what skills they think each job needs. Share their thoughts with the class.



Activity 2: Working individually, with support or in pairs – you know your class members best!

Children think about a job they would like to do. Draw a picture of themselves doing it at the top of a skills ladder and complete the lower rungs with skills they identify as having or they are developing. Further up the ladder, insert skills they think they will learn as they move through school

Use the internet to research what skills this job needs. Useful sites:
<https://www.firstcareers.co.uk/>
<https://primary-careers.careersandenterprise.co.uk/resources>
<https://barclayslifefskills.com/i-want-an-insight-into-how-the-world-of-work-is-changing/school/>



Complete the skills ladder for the chosen job and make notes about why they think they would be good at it.

3 or 4 children present their work and thoughts to the class. Explain the roles and what skills are needed and why they would be good at it.

Plenary questions:

- What have you learnt today? Name three things.
- What skills have you found out about which you didn't think you had or were relevant?
- Have you heard anything during this lesson which makes you think about a different career path? What attracts you to it and why do you think you would be good at it?